

MODULE SPECIFICATION

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Refer to guidance notes for completion of each section of the specification.

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Module Code:	HLT307					
Module Title:	Fundamental capabilities for working in health and wellbeing					
Level:	3	Credit Value:	20			
Cost Centre(s):	GAHW	JACS3 code: HECoS code:	B300			
Faculty	Faculty of Social and Life Science		Rachel Byron			
Scheduled learning and teaching hours					40 hrs	
Placement tutor support					0hrs	
	• •	sses, workshops			0 hrs	
Supervised learning eg practical classes, workshops Project supervision (level 6 projects and dissertation modules only)			0 hrs			
Total contact hours			40 hrs			
Placement / work based learning					0 hrs	
Guided independent study					160 hrs	
Module duration (total hours)					200 hrs	
Programme(s) in	n which to be offe	ered (not including e	exit awards)	Core	Option	
BSc (Hons) Public	Health and Wellbein	g (with Foundation Yea	nr)	✓		
BSc (Hons) Mental Health and Wellbeing (with Foundation Year)			✓			
Dip HE Health and Social Wellbeing (with Foundation Year)				✓		
BSc (Hons) Acupuncture (with Foundation Year)				√		
BSc (Hons) Complementary Therapies for Healthcare (with Fo			undation Year)	✓		
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Pre-requisites						
N/A						
Office use only						

Version no:1 Initial approval: 09/10/2019

With effect from: 01/01/2020

Version no: Date and details of revision:

Module Aims

The aim of the module is to provide students with an overview of the 10 essential capabilities that underpin effective practice in the field of health and wellbeing. Students will consider how these capabilities will be applied to future careers in the contemporary health and wellbeing landscape

Mc	Module Learning Outcomes - at the end of this module, students will be able to				
1	Identify and describe the 10 essential shared capabilities				
2	Demonstrate an understanding of how the 10 essential shared capabilities are applied within the field of health and wellbeing				
3	Demonstrate the ability to use empowering and appropriate language when discussing culturally and ethically sensitive issues				
4	Explain the importance of personal and professional development and reflection for effective practice				

Employability Skills	I = included in module content		
The Wrexham Glyndŵr Graduate	A = included in module assessment		
	N/A = not applicable		
Guidance: complete the matrix to indicate which of the following are included in the module content and/or			
assessment in alignment with the matrix provided in the programme specification.			
CORE ATTRIBUTES			
Engaged	1		
Creative	I & A		
Enterprising	1		
Ethical	1		
KEY ATTITUDES			
Commitment	1		
Curiosity	1 & A		
Resilient	1		
Confidence	1		
Adaptability	I & A		
PRACTICAL SKILLSETS			
Digital fluency	1		
Organisation	I & A		
Leadership and team working			
Critical thinking			
Emotional intelligence			
Communication	1 & A		

DerogationsN/A

Assessment:

Indicative Assessment Tasks:

Presentation: 10 minutes with presentation notes supported by a reference list

Students will choose a job role and consider how each of the 10 shared capabilities will apply to that career. Within the 10 minute presentation they will:

- Give a brief outline of the chosen job role
- Describe how each capability relates to that role
- Use appropriate professional language when discussing the role and the capabilities

	Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1		1, 2, 3 & 4	Presentation	100%

Learning and Teaching Strategies:

A variety of teaching and learning strategies will be adopted including lectures, small group work, tutorials, case studies, Moodle forums and formative exercises. Constructivist approaches will be adopted to foster learning which will align with module outcomes. Use of the VLE will be adopted throughout the module to support all teaching and learning strategies, and students will be encouraged to communicate thoughts and ideas through the module café forums.

Syllabus outline:

Introduction to the 10 essential shared capabilities

- Working in Partnership
- Respecting diversity
- Practising ethically
- Challenging inequality
- Promoting recovery
- Identifying people's needs and strengths
- Providing person centred care
- Making a difference
- Promoting safety and positive risk taking
- Personal development and learning

Indicative Bibliography:

Essential reading

Corey, M. and Corey, G. (2016), Becoming a Helper, Boston: Cencage Learning

Department of Health, (2004), *The Ten Essential Shared Capabilities*, London: Department of Health

McCarthy, J and Rose, P (2010), Values based health and social care; beyond evidence based practice, Los Angeles, Sage

Other indicative reading

Larkin, M. (2009), Vulnerable Groups in Health and Social Care, London: Sage

Rogers, A. and Pilgrim, D. (2014), *A Sociology of Mental Health and Illness*, Maidenhead: Oxford University Press